

PROCLAMATION

WHEREAS, mental health is essential to everyone's overall quality of life and wellbeing and all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental illness there is a strong body of research that supports specific tools that all Americans can use to better handle life's challenges and, thereby, protect their health and well-being; and

WHEREAS; mental illnesses are real and prevalent in our nation; and

WHEREAS; with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

WHEREAS; each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illness and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, We, Carter M. Hendricks, Mayor of Hopkinsville, and Steve Tribble, Judge/Executive of Christian County, do hereby proclaim May 2016 as:

MENTAL HEALTH MONTH

in Hopkinsville and Christian County, Kentucky, and call upon our citizens, government agencies, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding mental health, the steps we can take to protect mental health, and the need for appropriate and accessible services for all people with mental illnesses at all stages and especially before stage 4.

DATED this 11th day of May 2016.

**CARTER M. HENDRICKS, Mayor
City of Hopkinsville**

**STEVE TRIBBLE, Judge/Executive
Christian County Government**